

Symposium for Refugee and Immigrant ITPs and IENs

The 2023 PEGASUS Symposium, scheduled for October 14, 2023, in Ottawa, is a gathering designed for refugee health professionals, but may be of interest to other internationally trained physicians and nurses. The event will feature in-depth information sessions on the integration of international medical and nursing graduates into the Canadian health system. Attendees will gain valuable insights from the personal experiences of refugee and immigrant medical and nursing graduates, offering a comprehensive understanding of the challenges they face. Participants can choose to attend in person or join the session online for an informative experience

OUR COLLABORATORS



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NAVIGATION NETWORK
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SCHEDULE

		Session Title	Time
Morning Session	Session 1	PEGASUS - Empowering Refugee Health Professionals with the right information	9:30 a.m. to 10:00 a.m.
		Empowering Internationally Educated Healthcare Professionals: Navigating Canada's Healthcare Landscape with the National Newcomer Navigation Network (N4)	10:00 a.m. to 10:30 a.m.
		Catholic Centre for Immigrants (CCI) - Enhancing Your Transition Process	10:30 a.m. to 11:00 a.m.
	Break		11:00 a.m. to 11:15 a.m.
	Session 2	Trauma-Informed Strategies for Resilience	11:15 a.m. to 11:45 a.m.
		Available resources for RHPs and IMGs to integrate into the Canadian Healthcare System	11:45 a.m. to 12:15 p.m.
		Canadian Red Cross – Successful integration and further growth for IEHPS in Canada through CRC	12:15 p.m. to 12:45 p.m.
Discussion/Networking		12:45 p.m. to 1:00 p.m.	
Lunch		1:00 p.m. to 2:00 p.m.	
Afternoon Session	Break-out sessions	Physicians (English)	2:00 p.m. to 3:00 p.m.
		Nurses (English)	
		Physicians and Nurses (French)	
	Wrap-up		3:00 p.m. to 3:20 p.m.

TOPICS

- Empowering Refugee Health Professionals with the right information
- Empowering Internationally Educated Healthcare Professionals: Navigating Canada's Healthcare Landscape with the National Newcomer Navigation Network (N4)
- Enhancing Your Transition Process
- Trauma-Informed Strategies for Resilience
- Available resources for RHPs and IMGs to integrate into the Canadian Healthcare System
- Canadian Red Cross: Facilitating The Integration Of IMGs Into The Canadian Labor Market

MISSION

Empowering Refugee Health Professionals: Fostering Integration, Inspiring Progress.
 Our mission at PEGASUS Symposium 2023 is to facilitate meaningful discussions and share invaluable insights on the seamless integration of internationally trained physicians and nurses, in particular those who are refugees, into the Canadian health system. Through personal narratives and expert discourse, we aim to enhance understanding and drive positive change in healthcare integration. Join us on October 14, 2023, in Ottawa, or participate online, as we work together towards a more inclusive and collaborative future in healthcare.

OUR SPEAKERS

PEGASUS



Saida Azam

Saida is a medical doctor who graduated from India and worked as a family physician in India and the Sultanate of Oman after that. Saida is presently a graduate student at the University of Waterloo in the Master of Public Health program. She is currently an intern at the Canadian Institute of Health Research and assists PEGASUS in the mapping of career pathways for medical professionals with international education or training



Samson Akparorue

Samson was a veterinary officer in Nigeria before coming to Canada as a refugee. He is currently studying a MSc in Global Health Management at McMaster University and is an intern with PEGASUS where he is developing a network for refugee health professionals. Additionally, Samson is the founder of the Refugee Help Network, which connects refugees to resources.

NATIONAL NEWCOMER NAVIGATION NETWORK



Andrew Tomayer

Andrew has over 10 years of experience in research and analysis in the complex field of health. He holds a Bachelor of Health Science in Health Information Management and a Master of Science in Epidemiology. Andrew has supported evidence-based decision making to improve the health and healthcare of Canadians through his work with hospitals and umbrella organizations. Andrew oversees N4's implementation and evaluation of N4's knowledge translation efforts. He supports the programs co-designed with Saint-Paul University, N4's webinar series and the e-learning area of the N4 platform.

NATIONAL NEWCOMER NAVIGATION NETWORK



Sahar Zohni

Sahar has a Master's and Doctor Degree in Pediatrics from Alexandria University in Egypt. She has 25 years of clinical experience as a clinician, lecturer, and researcher at El-Shat by Pediatric University Hospital, Egypt During that time, she managed the Pediatric Intensive care and Renal Units. She then worked as a Pediatric Nephrology Specialist at Nottingham City Hospital, England. Upon completion of her Master of Health Administration, University of Ottawa, Sahar led roles in quality improvement and patient experience, including building the hospital's participation in the Solutions for Patient Safety (SPS) Program. Sahar built upon her experience in evaluating and documenting CHEO's efforts to promote equity for its Syrian refugees, to co-design the development of N4. She now leads the N4 team in reaching their goals to create a national network aimed to improve the experience of newcomers in navigating Canada's complex health and social services.

OUR SPEAKERS

SAINT PAUL UNIVERSITY



Bianca Briciu

Bianca Briciu PhD. is Assistant Professor at the School of Leadership, Ecology and Equity, Saint. Paul University. Her work focuses on integral leadership development through emotional and social intelligence, mindfulness, compassion and systems thinking. Her PhD is in Cultural Mediations, where she specialized in interdisciplinary approaches for intercultural competence. Bianca is interested in transformative leadership and the cultivation of human potential in all areas of intelligence. She has seven peer reviewed publications on mindfulness, compassion, gender equality and transformative practices for resilience, care and well-being. Bianca is also a certified coach in EQ-I 2.0 model of Emotional Intelligence and Leadership.

ONTARIO HEALTH



Irina Edilova

Irina Edilova is an IEHP Advisor with the Health Force, Ontario Health. She has been providing information, advice and support to internationally educated health professionals since March 2011.

Currently, Irina works predominantly with internationally trained doctors and is very passionate about helping them to obtain a medical license or choose a meaningful and rewarding alternative career in Canada

CANADIAN RED CROSS



Mohamed Habsah

Mohamed is an International Medical Graduate (IMG) who has a medical degree from Egypt and a Master of Public Health from the University of Ottawa School of Epidemiology and Public Health.

He has over 10 years of experience working in He has been a member of the Red Cross and Red Crescent family since 2015 when he joined Qatar Red Crescent as a volunteer in the health emergency response team. In his current capacity as Health Advisor at the Canadian Red Cross, he is responsible for providing technical advice and support to the health projects of the Canadian Red Cross being implemented in the MENA region and some Asian countries. Mohamed is also a member of the Health Intelligence, Research, and Development team that provided support for developing IPC protocols and guidelines, managing COVID-19-related incidents, and providing epidemiological analysis and projections for the CRC leadership and operational teams.